

Strengths Assessment 優勢評估表

Updated April 2023

Source: Rapp & Goscha (2012); translation was jointly completed by Baptist Oi Kwan Social Service, Caritas Rehabilitation Services, Tung Wah Group of Hospitals, and Dept of Social Work & Social Administration (HKU)

Client Name 服務使用者姓名：	Worker Name 工作人員姓名：	Remarks: The Strengths Assessment (SA) has to be updated when new relevant info emerges. It can be done by <u>inserting the info and putting the date in bracket</u> besides the info. 當有新的資訊出現，必須更新優勢評估表 (SA)，可以使用同一份 SA，並在新加的資訊旁邊以括號註明日期。

Current Strengths 現有優勢 What are my current strengths? (i.e. talents, skills, personal and environmental strengths) 我現時有哪些優勢？(例如：才幹、技能、個人優勢和環境方面的優勢)	My Desires and Aspirations <u>我的渴求、志向或抱負</u> What do I want? 我希望是怎樣的？	Past Resources – Personal, Social, & Environmental <u>過去資源：個人、社會及環境方面</u> What strengths have I used in the past? 過去我運用過的優勢和資源？
Home/Daily Living 家居/日常生活		
•	•	•
Key Assets – Income, insurance, phone, vehicles, computer, etc. 主要資產 – 收入、保險、電話、車、電腦等		
•	•	•
Employment/Education/Specialized Knowledge 就業/教育/專長		
•	•	•
Supportive Relationships 人際支援網絡		
•	•	•

Wellness/Health 身心健康		
•	•	•
Leisure / Recreational 閒暇娛樂		
•	•	•
Spirituality/Religion/ Culture 信念/宗教信仰/文化		
•	•	•

What are my priorities? 我的優次排序

- 1.
- 2.
- 3.
- 4.

Signature 簽名：_____

Date 日期：_____

Remarks:

- **Review client's progress in every 6-month. 每 6 個月檢視服務使用者的進度**
- **Please invite the client to complete the satisfaction rating without referring to the one the client did in the past. 在沒有參考之前所填寫的評估下，請服務使用者完成每次滿意度評估。**

First Review 第一次評估		Date 日期: _____				
Important things to know about me: 關於我的重要事情						
On a scale of 1 (very dissatisfied) to 5 (very satisfied), how satisfied am I with...我滿意以下的狀況嗎？						
1 = Very dissatisfied (非常不滿意), 2 = Somewhat dissatisfied (有點不滿意), 3 = Neither satisfied nor dissatisfied (既非不滿意，亦非滿意), 4 = Somewhat satisfied (有點滿意), 5 = Very satisfied (非常滿意)						
My current housing situation? 我目前的居住狀況	1	2	3	4	5	
My current employment situation? 我目前的工作狀況	1	2	3	4	5	
My current education situation? 我目前的教育情況	1	2	3	4	5	
The supportive relationships currently in my life? 我目前的人際支援網絡	1	2	3	4	5	
My current amount of community involvement? 我目前的社區參與程度	1	2	3	4	5	
My current health and overall well-being? 我目前整體的身心健康	1	2	3	4	5	

General comments 一般備註:

Important things to know about me: 關於我的重要事情

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My current amount of community involvement? 我目前的社區參與程度	1	2	3	4	5
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General comments 一般備註: